



## Bioregional Australia Foundation provides specialised One Planet Living™ training modules to:

- Explore the universal One Planet Living international framework and the sectors benefiting
- Explore the health, wellbeing, economic and environmental benefits
- Learn how to develop a One Planet Living program the One Planet Analysis tool
- Learn how to co-create the One Planet Action Plan and maximise the One Planet Living program
- Implement the One Planet Living program- manage the process and recognition requirements
- Implement One Planet Living understand impacts, indicators and reporting

Our One Planet Living online training program is provided via online webinars and discussion forums.



# **Explore One Planet Living**

### Overview and Benefits

Our Explore modules provide an introduction to the Bioregional Australia Foundation and the One Planet Living (OPL) framework, the program and process for use and recognition levels, how to get involved and the benefits of using the global vision. The introduction is provided across two one hour webinars that include case studies in Australia and overseas. Introduction training can be taken in any order.

#### Module 1A | One Planet Living Overview

An introduction to the Bioregional Australia Foundation and an overview of the One Planet Living International framework, purpose, principles and application in the region.

#### **ONE HOUR INTRODUCTION 11.30am to 12.30pm** AEST

(NZ 1.30pm start) (SA 11am start) (Japan 10.30am start) (WA, Hong Kong, Singapore, Beijing 9am start) (India 7.30am start) **Next training** Tues 13 Oct, Tues 8 Dec

#### Module 1B | One Planet Living Benefits

An introduction to the benefits and community impact delivered with OPL through international case studies. Overview of projects, organisations, local government and schools achieving leadership recognition with OPL.

#### ONE HOUR INTRODUCTION 11.30am to 12.30pm AEST

(NZ 1.30pm start) (SA 11am start) (Japan 10.30am start) (WA, Hong Kong, Singapore, Beijing 9am start) (India 7.30am start) **Next training** Tues 8 Sep, Tues 10 Nov

## Learn One Planet Living

### Overview and Benefits

Learn how you apply the OPL international framework using the One Planet Analysis and One Planet Action Planning two-step process. Taught in two modules over an 8 wk program, you'll be required to apply the process to a real project, organisation, local government or school. The process allows for you to apply the international framework, develop an analysis and action plan, and receive feedback. Recommended for people wanting to understand the process and develop an approach to living within earths resources. This Module is a prerequisite for Module 3.

#### Module 2A | Developing the One Planet Analysis

Taught across 3 webinars with one peer review discussion forum, it covers:

- Overview of all five analysis functions, areas for improvement and visioning process
- Leadership Initiatives and Trends, Stakeholder engagement and workshop facilitation
- Challenges & Establishing key performance indicators and benchmarking

#### 1.5 HOURS 11.30am to 1pm AEST

Next training Webinars: 15, 18 & 22 Sep Review: 25 Sep

#### Module 2B | Developing the One Planet Action Plan

Taught across 3 webinars with one peer review discussion forum, it covers:

- Overview, Process management, Desired Outcomes and Indicators of success
- Principle Actions Summary and Integrated thinking
- Detailed Action Planning and implementation process

1.5 HOURS 11.30am to 1pm AEST Next training Webinars: 29 Sep, 2 & 6 Oct Review: 9 Oct







## **Implement One Planet Living**

## Overview and Benefits

The One Planet Living (OPL) Integrator training is for professionals seeking to manage the OPL process or for consulting. Learn how to guide the team through the process and achieve success. Receive tips on supporting tools, reporting of impacts, building the assessment submission and what to expect in the process.

Taught in two modules over an 8 wk program, completion of Module 3 is a prerequisite for registering as a One Planet Integrator.

#### Module 3A | One Planet Living Recognition

Taught across 3 webinars with one peer review discussion forum, it includes:

- One Planet Living recognition requirements, One Planet Integrators role, and Bioregional Australia Resources
- Supporting Tools, Measurements and Reporting Impacts
- Building your assessment submission material and example documents

## 1.5 HOURS 11.30am to 1pm AEST

Next training Webinars: 27 & 30 Oct, 3 Nov Review: 6 Nov

## Module 3B | One Planet Living Impacts

Taught across 3 webinars with one peer review discussion forum, it includes:

- Benefits of annual reporting to project teams, stakeholders and community
- Tracking indicators and finetuning actions
- Collating date, presenting impacts and outcomes and publishing annually

### **1.5 HOURS 11.30am to 1pm** AEST **Next training Webinars:** 10, 13 & 17 Nov Review: 20 Nov

The 'Implement One Planet Living' Modules require commitment to develop experience in developing One Planet Living programs , projects and plans as a trainee integrator.

The next step is to apply with Bioregional Australia to be registered as a One Planet Living Integrator and manage or consult on recognition projects.

Our online training programs are scheduled to enable attendance from countries in the Oceania and Asia region. All training materials and webinars are provided in English.

Online training can be delivered privately for member organisations. In-person training is available in half and full day training sessions.

Training sessions are scheduled for 11.30am Australian Eastern Standard Times (AEST) for QLD, NSW, VIC, TAS ACT (subject to daylight savings).

Check start times in other regions: (NZ 1.30pm start) (Japan 10.30am start) (Hong Kong, Singapore, Beijing 9am start) (India 7.30am start).

One Planet Living Training Sessions run on Tuesday and Fridays.

## Contact

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